## REGION IV DIVISION II, III, & IV 2022 REGIONAL CHAMPIONSHIP INFORMATION SHEET

The Regional Championships will be held at the West Hardin High School Gymnasium on March 5<sup>th</sup>, 11<sup>th</sup>, & 12<sup>th</sup>, 2022 beginning at 8:30AM.

Division IV (1A, 2A) — Saturday March 5th Division III (3A) — Friday March 11<sup>th</sup> Division II (4A) — Saturday March 12<sup>th</sup>

The regular season is about over and it is time to make sure we have all the information needed concerning the Regional Meet.

- If a lifter cannot compete for any reason, contact me immediately that way, another lifter can move up in the standings. After 4:00 p.m. Monday February 28<sup>th</sup>, you will be responsible for the entry fee for your lifters, whether they compete or not. Failure to assume this responsibility will result in disqualification of your team from the Regional Competition.
- 2. Check the totals <u>and spellings</u> for each of your lifters to be sure that they are correct. Also check the totals of the other lifters in the weight class to make sure no one has been overlooked. If there are any mistakes, contact me as soon as possible.
- 3. All lifters must compete in proper uniform. If you have questions, check the Rules and By-Laws on the web site. www.thspa.us
- 4. We are taking the Top 12 lifters from each class at regionals this year. Platform assignment will be slightly different to accommodate the extra lifters. I will send platform assignments and flights out at a later time.
- 5. If you have a lifter that is close the top 12 in their weight class, bring them with you as alternates. If someone does not show up or fails to make weight, we will take the first alternate available and so on. They will have one chance to make weight. Bring a separate check for your alternates and be sure to list them on the eligibility form.
- 6. Things to bring: (All Paperwork Found on THSPA Website)
  - A. Entry Fee \$35.00 per lifter
  - B. Make Entry Fee checks payable to THSPA Powerlifting
  - C. Eligibility List
  - **D.** Scholarship Applications for Seniors
  - E. Meal money check made to WEST HARDIN ATHLETIC BOOSTER CLUB
- 7. If you have a lifter that is qualified in two weight classes, you must declare a weight class by 4:00 p.m. on Monday February 28<sup>th</sup> 2022. I will update the standings Sunday February 27<sup>th</sup>, 2022 and have them posted on the web site. If I do not receive notification by the above stated date, the lifter will be placed into the heavier weight class. If you already know where you are going to declare your lifters, please let me know ASAP.
- 8. We will have a concession stand. You are welcome to set up meal deals through our Concession Stand. Lunch will be \$7.00 per meal. That will include a burger or chicken strips, fries, a cookie and water. For breakfast, the booster club will have breakfast tacos for \$2.00 each. Make checks for meals to WEST HARDIN ATHLETIC BOOSTER CLUB. I will not be able to refund or transfer money over so please make sure that your check is made out to WEST HARDIN ATHLETIC BOOSTER CLUB. Information for arrangements can be made upon arrival. Please clear your account at the end of the day No Charging Meals!

9. X Power Gear will be at the meet selling shirts during weigh-in and during the meet.

## 10. Weigh in times:

**Division IV** 

Early Weigh-In – Friday March 4<sup>th</sup> (4:30-6:00PM) & Day of Meet – Saturday March 5<sup>th</sup> (6:30-8:00AM)

**Division III** 

Early Weigh-in - Thursday March 10<sup>th</sup> (4:30 - 6:00PM) &

Day of Meet - Friday March 11th (6:30-8:00AM)

**Division II** 

Early Weigh-in – Friday March 11<sup>th</sup> (4:30 – 6:00PM) &

Day of Meet - Saturday March 12th (6:30-8:00AM)

- 11. We will try to begin lifting as close to 8:30 a.m. as possible. There will be a coaches meeting prior to the start of the meet.
- 12. The State Meet will be on March 25<sup>th</sup> (Division 4) and March 26<sup>th</sup> (Divisions 1,2,3), 2022 at the Taylor County Expo Center in Abilene, TX.
- 13. Entry Fee for the State Meet is also \$35.00 per lifter.
- 14. Please check the web site throughout the week for changes. There are always lifters dropping out and I cannot always contact the coach. I will update the web site immediately and you can find the changes much quicker this way.

Cell: (979) 255-0883 r4d3@thspa.us

Best of Luck,

George Taylor THSPA President Region IV Division II & III Director

